



2020 LMSP Return To Sport Plan

“canada’s largest coed league”

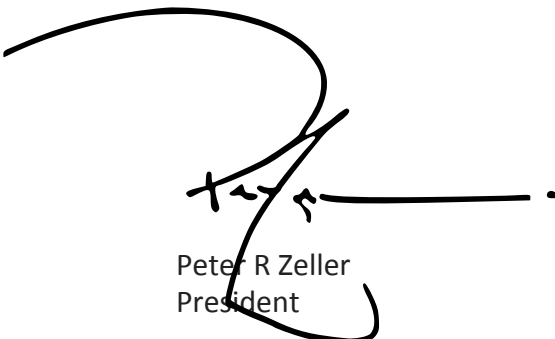
Monday, July 13, 2020

To Whom It May Concern

Please find attached Return To Sport plan.

The League and it’s Executive approve of this plan in hopes of Returning To Sport.

Regards



Peter R Zeller
President



2020 LMSP Return To Play

“canada’s largest coed league”

Follow all Government Health Regulations and Mandates

- This includes Provincial, City and Municipal restrictions – all Laws and Bylaw’s must be adhered to at all times.
- Leagues and Event Coordinators are advised to review with their local permit officers/municipal contacts their specific requirements to ensure they understand all necessary requirements.

Personal Protection

- **Do not come to the game if you are ill, show any symptoms or have been around someone who is ill**
- The use of personal fitted batting gloves at all times is recommended
- The use of individual antibacterial hand sanitizer is recommended
- NO shared equipment
- Defensive teams supply game balls
- Balls should be wiped before each inning
- Avoid touching your eyes, nose or mouth
- Cover your mouth and nose with a tissue or into your elbow when coughing or sneezing
- Do not spit
- Wash your hands often

Arrival/Departure at the Fields

- Arrive 15 minutes maximum before scheduled game time.
- ENTER park on the right, EXIT park on right.
- Leave facilities immediately upon game completion
- There will be absolutely no congregating at parks, facilities or parking areas before or after your game.

Social Distancing During the Game

- There will be a no contact, “no handshakes or high fiving”
- No warm up of any kind before games.
- No pick ups will be allowed. You MUST use the players on your League Team Roster
- During batting, players will need to line up along the fence outside of the diamond spread out accordingly
- The dug out will only be used by the on deck batter, or participants can distance accordingly to space available
- Coaches will stand 2 meters away from 1st and 3rd base at all times, however, it is recommended that there be no base coaches
- The catcher will stand 2 meters behind the strike mat
- Defensive players will stay 2 meters away from any base runner
- It is recommended that spectators be kept to a minimum
- Any coaching conferences must maintain 2 meter distancing
- All garbage must be collected and removed by each team after the game

Umpires

- There will be no exchange of lineup cards, teams will keep score with their own scorekeeping book
- Umpires will stand where they are comfortable calling the game, and at least 2 meters away from the catcher and batter.
- Umpire conferences are to be kept to a minimum adhering to distancing requirements



2020 LMSP Return To Play

COACH ROLE

“canada’s largest coed league”

-
- Confirm your exact scheduled time and location for slo pitch activity – communicate with your players
 - Coach duties : Attendance Tracker; Screener; Distance Monitor; Sanitizing Champion
 - In-Charge Attendant (First Aid) – can be a member of Coaching staff
 - Remember to bring a face mask with you to all activities in case it is needed
 - Direct team members to your assigned area for games (NO scrimmages or games to take place before directed by notice of the League)
 - Maintain minimum of two metres distance whenever possible
 - Fill out line-up card for games but do not share copies
 - One coach per team will conduct a pregame meeting at home plate, all involved are requested to keep 6 feet social distancing during ground rules and coin toss.
 - Defensive Team supplies Game balls
 - No pick ups, ONLY players on a Team’s roster can used.
 - UNLIMITED Courtesy runners.
 - Be sure your area has been cleaned, sanitized, all garbage and refuse has been cleaned up before leaving the park
 - No huddles and no post-game meetings. Leave the park promptly as soon as cleanup is complete.



2020 LMSP Return To Play

SPECTATOR ROLE

“canada’s largest coed league”

-
- Bring something to sit on at a distance from those outside of your household
 - Do not go onto the field until it has been completely vacated by previous users
 - Upon arrival at the park, check in with the Coach
 - Maintaining proper physical distancing
 - NO SPITS. NO GUM. NO Sunflower seeds, no spitting, etc.
 - After the game is over, leave the park promptly, taking all refuse with you. No meetings or visiting following team activities.



2020 LMSP Return To Play

OUTBREAK PLAN

“canada’s largest coed league”

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. Identify the roles and responsibilities of Coaches / Player / Managers or volunteers if a case or outbreak is reported. Determine who within the organization has the authority to modify, restrict, postpone or cancel activities.
2. If Coaches / Player / Managers (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the activity place, implement enhanced cleaning measures to reduce risk of transmission. If you are not the activity operator, notify the ToL immediately.
3. Implement illness policy and advise individuals to:
 - self-isolate
 - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - use the COVID-19 self-assessment tool at <https://bc.thrive.health/covid19/en> to help determine if further assessment or testing for COVID-19 is needed. Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency. Individuals can learn more about how to manage their illness here: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/aboutcovid-19/ifyou-are-sick>
4. In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
5. If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities



2020 LMSP Return To Play

ILLNESS POLICY

“canada’s largest coed league”

In this policy, “Team member” includes a participant, volunteer, or spectator.

1. Inform an individual in a position of authority (Coach, Team manager, League coordinator) immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
2. Assessment :
 - a. Team members must review the self-assessment signage located throughout the facility before their activity to attest that they are not feeling any of the COVID 19 symptoms.
 - b. Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
 - c. If Team Members are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self assessment tool.
3. If a Team Member is feeling sick with COVID-19 symptoms :
 - a. They should remain at home and contact Health Link BC at 8-1-1.
 - b. If they feel sick and /or are showing symptoms while at work, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
 - c. No Team Member may participate in a practice/activity if they are symptomatic.
4. If a Team Member tests positive for COVID-19 :
 - a. The Team Member will not be permitted to return to the facility until they are free of the COVID-19 virus.
 - b. Any Team Members who play closely with the infected Team Member will also be removed from the facility for at least 14 days to ensure the infection does not spread further.
 - c. Close off, clean and disinfect the facility area immediately and any surfaces that could have potentially be infected/touched.
5. If a Team Member has been tested and is waiting for the results of a COVID-19 Test :
 - a. As with the confirmed case, the Team Member must be removed from the facility.
 - b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
 - c. Other Team Members who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

- d. The activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
6. If a Team Member has come in to contact with someone who is confirmed to have COVID-19 :
 - a. Team Members must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
 - b. Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.
 - c. The work activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
7. Quarantine or Self-Isolate if :
 - a. Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self isolate.
 - b. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - c. Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - d. Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.



2020 LMSP Return To Play

FIRST AID PLAN

“canada’s largest coed league”

-
- FIRST AID In the event that first aid is required to be administered during an activity, all persons attending to the injured individual(s) must first put on a mask and gloves.
 - A guide for employers and Occupational First Aid Attendants: <https://www.worksafebc.com/en/resources/health-safety/information-sheets/ofaa-protocols-covid-19-pandemic?lang=en>
 - First aid protocols for an unresponsive person during COVID-19: <https://www.redcross.ca/training-and-certification/first-aid-tips-and-resources/first-aid-tips/first-aid-protocols-for-an-unresponsive-person-during-covid-19>
 - Teams will be required to carry a minimum of 6 gloves and 3 disposable masks in their First-Aid kits at all times.



2020 LMSP Return To Play

Entrance / Exit Plans

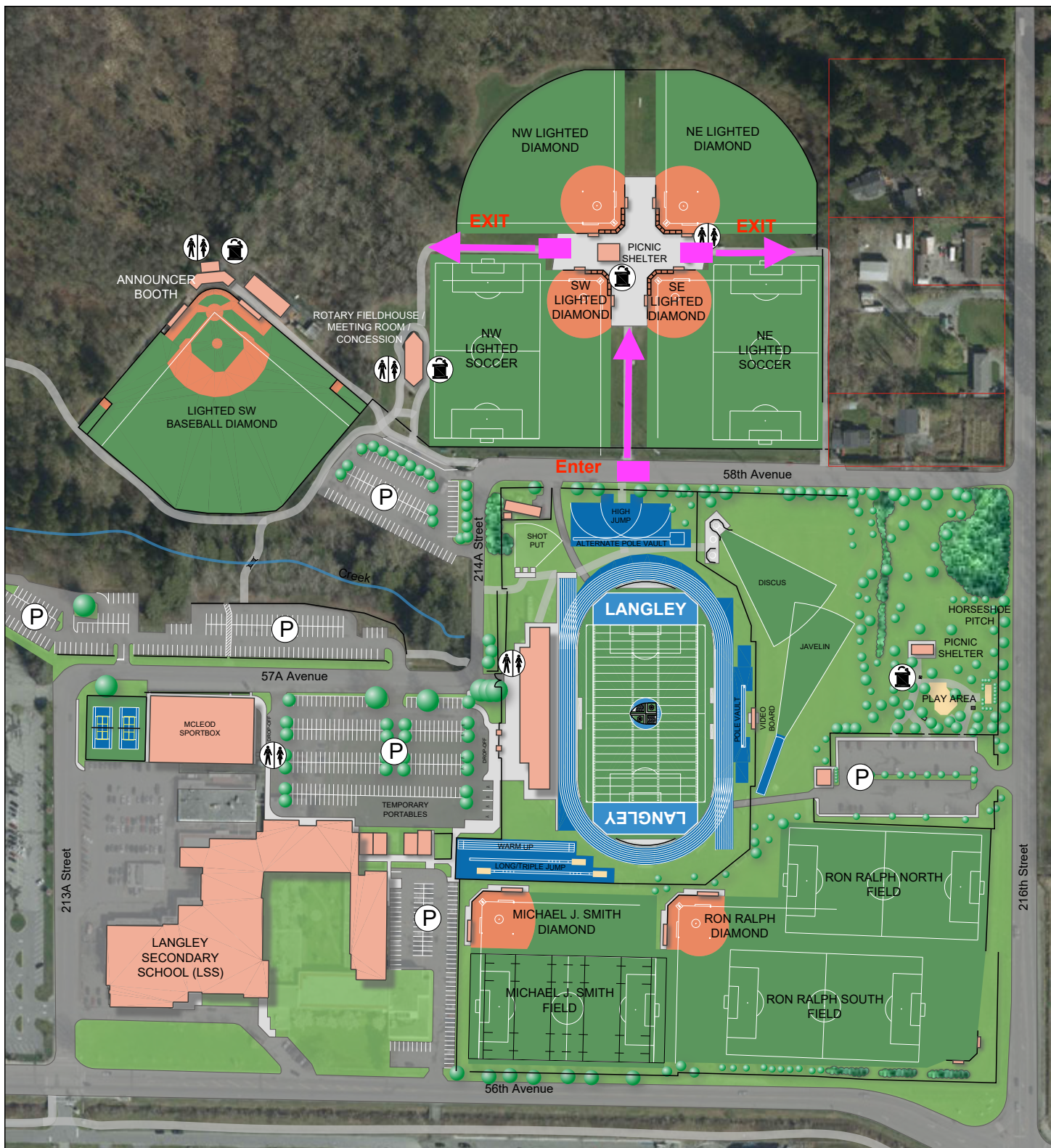
"canada's largest coed league"

McLeod Athletic Park :

Enter [North] main walkway on the right hand side, Exit [South] on the right hand side will maintaining social distancing.

Brown Road Park :

Enter [South] main walkway on the right hand side, Exit [North] on the right hand side will maintaining social distancing.



MCLEOD ATHLETIC PARK



DRINKING WATER



WASHROOMS



PARKING

Park hours are dawn to dusk.
Please respect our neighbours.
Please keep dogs on leash.
Please leave park tidy.



0m 25m 50m
0ft 150 feet



Township of
Langley



Est. 1873

BROWN PARK



DRINKING WATER



WASHROOMS



PARKING

Park hours are 9 AM to dusk.
Please respect our neighbours.
Please keep dogs on leash.
Please leave park tidy.